



Teething Gel

lidocaine, cetylpyridinium

- This medicine provides relief from the symptoms of teething pain.
- The medicine is OK for most babies over 3 months.
- **Do not give it to anyone on this list:**
 - Not to anyone who has ever had a **bad reaction** to any of the ingredients.
See section 6 ▶
- **Follow the dosage instructions carefully.** These are shown in the table. *See section 3* ▶

Now read this whole leaflet carefully before you use this medicine. Keep the leaflet: you might need it again.

1 What the medicine is for

Calgel Teething Gel provides relief from the symptoms of teething pain. The lidocaine (a local anaesthetic) in the Calgel Teething Gel is used to help relieve teething pain and soothe infants' gums. It also contains cetylpyridium chloride (a mild antiseptic) to help prevent infection.

2 Before giving the medicine to your child

This medicine is suitable for most children, but a few children should not use it. If you are in any doubt, talk to your doctor or pharmacist.

X Do not give your child this medicine...

- If s/he has ever had a **bad reaction** to the product, chamomile, or any of the ingredients.

If this applies, **get advice from a doctor or pharmacist without using Calgel.**

! Talk to your doctor or pharmacist...

- If your child has an **intolerance to some sugars**

If this bullet point applies now or in the past, speak to a **doctor or pharmacist.**

If your child is using any other medicines

No interactions with other medicines are currently known.

! If you are pregnant or breast-feeding

The following advice is included in case an older child or adult is taking this medicine.

- If you are pregnant or breast-feeding only use this medicine on the advice of your doctor.

! Some of the ingredients can cause problems

- This product contains sorbitol. If your child has an intolerance to some sugars, consult your doctor before using this product.
- This product contains small amounts of ethanol (alcohol), less than 100 mg per dose.
- Xylitol may have a laxative effect.
- The castor oil may cause stomach upsets and diarrhoea.

3 How to use this medicine

- For topical use only.
- Do not give more than the dose stated below.

i Babies under 3 months

This medicine is not recommended for babies under 3 months.

i Babies from 3 months and over

| Age | Dose |
|---------------------------------|---|
| Babies 3 months and over | Approximately one-third of an inch (7.5 mm). Place the quantity of gel onto a clean pad of cotton wool or the tip of a clean finger and gently rub onto the affected area of the gum. |

- If necessary, repeat the dose after 20 minutes
- Do not use more than 6 times in one day.

! If anyone has used too much

If anyone uses more Calgel Teething Gel than they should, or if large quantities of the gel are accidentally swallowed, contact a doctor or your nearest Accident Emergency Department (Casualty) taking this leaflet and pack with you, even if the child seems well.

4 Possible side-effects

Calgel Teething Gel can have side-effects, like all medicines, although these are rare and usually mild.

If your child experiences any of the following, stop using the medicine and seek immediate medical help:

- Swelling of the mouth, gums or tongue.
- Difficulty in breathing.
- Rash.

If your child experiences any side-effects not included in this leaflet, or you are not sure of anything, **talk to your doctor or pharmacist.**

5 Storing this medicine

Keep the product out of reach and sight of children.

Do not store above 25°C.

Keep the tube tightly closed.

Store in the original package.

Do not use your medicine after the date shown as an expiry date on the packaging.

6 Further information

What's in this medicine?

The active ingredients in Calgel Teething Gel are:

Lidocaine hydrochloride 0.33% w/w and
Cetylpyridinium chloride 0.10% w/w.

Other ingredients are: Sorbitol solution (70%) (E420), xylitol (E967), ethanol 96%, glycerol, hydroxyethyl cellulose 5000, macrogolglycerol hydroxystearate (castor oil polyoxyl hydrogenated), macrogol lauryl ether 9, macrogol 300, saccharin sodium, levomenthol, pharmaceutical liquid flavour (containing chamomile), caramel (E150), citric acid monohydrate, sodium citrate dihydrate and purified water.

Sorbitol content 15% w/w.

What the medicine looks like

Calgel Teething Gel is a yellowish-brown gel, available in 10 g tubes.

Product Licence holder: McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG, UK.

Manufacturer: Famar Orléans, 5 avenue de Concyr, 45071 Orléans, Cedex 2, France.

This leaflet was revised December 2009.

Calgel Teething Gel is a registered trade mark.

