

GAVISCON LIQUID SACHETS

Sodium alginate, sodium bicarbonate and calcium carbonate.

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to take this medicine carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after 7 days.
- If any of the side-effects gets serious, or if you notice any side-effect not listed in this leaflet, please tell your doctor or pharmacist.

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1. WHAT ARE GAVISCON LIQUID SACHETS AND WHAT ARE THEY USED FOR?

Gaviscon Liquid Sachets belongs to a group of medicines called "reflux suppressants", which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort.

This medicine is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion (related to reflux), for example, following meals, or during pregnancy, or in patients with symptoms related to reflux oesophagitis.

2. BEFORE YOU TAKE GAVISCON LIQUID SACHETS

Do not take Gaviscon Liquid Sachets:

- if you know that you are allergic (hypersensitive) to any of the ingredients of Gaviscon Liquid Sachets as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list).

Take special care with Gaviscon Liquid Sachets

This medicine contains small amounts of sodium (6.2 mmol per 10 ml) and calcium (1.6 mmol per 10 ml).

- If you have been advised to follow a diet restricted in any of these please consult your doctor.
- Please also talk to your doctor regarding these salt contents if you suffer or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases.

Please consult your doctor if you know you have reduced amounts of gastric acid in your stomach, as this product may be less effective.

If symptoms persist after 7 days consult your doctor.

Taking other medicines:

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines including medicines obtained without prescription.

Pregnancy and breast-feeding:

You can take this product if you are pregnant or breast-feeding.

Important information about some of the ingredients of Gaviscon Liquid Sachets

This product contains methyl (E218) and propyl (E216) para-hydroxybenzoates which may cause allergic reactions (possibly delayed).

3. HOW TO TAKE GAVISCON LIQUID SACHETS

For oral administration.

Adults, including the elderly and children 12 years and over: One to two sachets after meals and at bedtime, or as directed (up to four times a day). **Children under 12 years:** Should only be taken on medical advice.

If you take more Gaviscon Liquid Sachets than you should

If you take too much of this product it is unlikely to cause you any harm. However, you may feel bloated. Consult your doctor if this doesn't go away.

If you forget to take Gaviscon Liquid Sachets

If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Gaviscon Liquid Sachets can cause side effects, although not everybody gets them.

If you experience these side effects stop taking the product and consult your doctor immediately.

Very rare (less than 1 in 10,000) chance of an allergic reaction to the ingredients. Symptoms of this may include skin rash, itching, difficulty breathing, dizziness, or swelling of the face, lips, tongue or throat.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE GAVISCON LIQUID SACHETS KEEP OUT OF THE REACH AND SIGHT OF CHILDREN

Do not use Gaviscon Liquid Sachets after the expiry date which is stated on the sachet and carton {EXP: month/year}. The expiry date refers to the last day of that month.

Do not store above 25°C and store in the original package

Do not freeze or refrigerate.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What Gaviscon Liquid Sachets contain

The active substances in each sachet (10 ml) of oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxy-benzoates, saccharin sodium, sodium hydroxide, natural mint flavour and purified water. This product does not contain sugar or colour.

What Gaviscon Liquid Sachets look like and contents of the pack

The medicinal product Gaviscon Liquid Sachets is an off-white suspension with the odour and flavour of peppermint.

Gaviscon Liquid Sachets are available in packs of 2, 4, 6, 8, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32 or 36 sachets.

Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Reckitt Benckiser Healthcare (UK) Limited, Hull, HU8 7DS.

This medicinal product is authorised in the member states of the EA under the following names:

UK: Gaviscon Liquid Sachets

This leaflet was last approved in February 2010.

